

NEW POLL REVEALS

Teens Are Experiencing High Rates of Anxiety, Depression and Acts of Self-Harm



The second poll in a series of nationwide surveys conducted by Navigate360, a full-spectrum safety preparedness and response company, and John Zogby Strategies, a national polling firm, reveals that many American teens are not confident in their school leadership's ability to keep them safe as they return to the classroom.

RESULTS SUMMARY

- 1 Despite a change in administration, and **hope for vaccines** to prevent the spread and rise of the Covid-19 pandemic, **fear still is present** in the lives of many Americans young and old.
- 2 More than half (56%) of students reported that they personally **knew someone who considered self-harm or suicide** but lacked confidence that their school was prepared to handle the issue.
- 3 Substantial percentages of both **adults and teens said they only felt safe at home**. This is a 6-point increase for adults since the last survey.

KEY STATISTICS OF THE STUDY

The Navigate360/John Zogby Strategies polls of 1000 adults¹ and 304 teens² nationwide were conducted online on December 14, 2020.

The findings were:

58% Only Feel Safe at Home

58% of teens and 76% of adults surveyed said they only feel safe at home. Compared to the last survey, this is a 12-point decrease for teens.

55% Believe School Leaders

Only 55% of teens believed that school leaders thought safety was a priority and only 42% thought schools were spending enough time and money to keep students safe.

33% Are Least Safe in School

One-in-three (35%) said they feel the "least safe" in school compared to their home, after-school job, favorite restaurant, or place of worship.

Adults were somewhat more upbeat on how leaders and institutions are handling matters of workplace, school, and public safety.

Nonetheless:

47% Chose Not to Attend School or Work Out of Concern for Personal Safety

34% Feel Less Safe in Place of Worship

55% Think About Safety

55% of teens surveyed said they thought more about their physical and emotional safety and wellness compared to six months ago.

When looking at teens in large cities, this jumps to 75%.

37% Believe There is a Plan

Only 37% of teens believe that their school has a comprehensive emergency plan.

50% Feel Less Safe in Their Favorite Restaurant

59% Think More About Safety Now

1 - margin of sampling error is within +/-3.2 percentage points

2 - margin of sampling error of +/-5.7 percentage points

