



Navigate360

The Leader in Holistic Safety

# Character Education Pacing Guide for Florida Schools

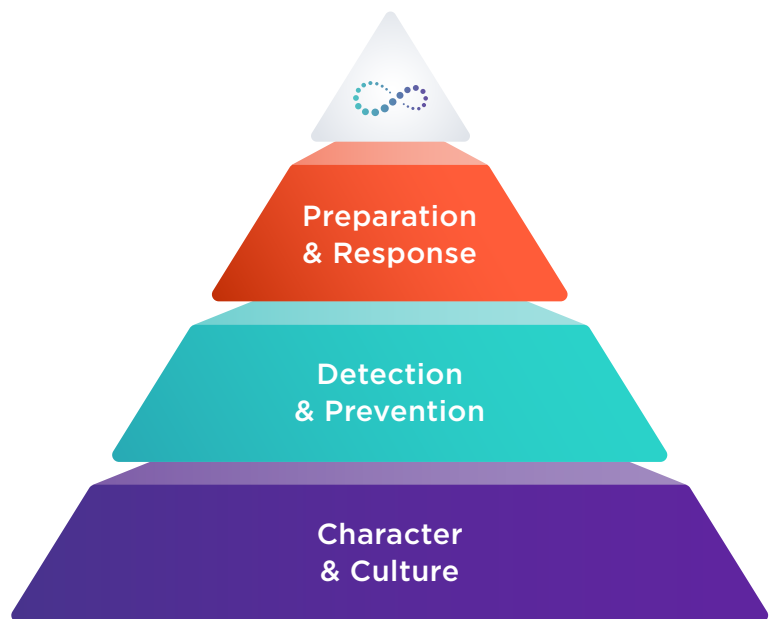
Enable Students to Become Productive Members of Society  
Through the Teaching of Core Values



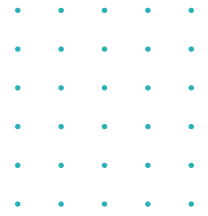


Navigate360 Character Education is a blended program designed to equip children with the skills and knowledge necessary to be great students, citizens, and lifelong learners. In alignment with the U.S. Department of Education, character education enables students and adults in the school community to understand, care about, and act on core ethical values such as respect, justice, civic virtue/citizenship, and responsibility for self and others.

Our scaffolded and interactive lessons are aligned with the Florida Character Education standards from kindergarten to fifth grade and assure that Florida's students will receive the tools they need to respond to challenges they will inevitably face both as students and into adulthood.



# Florida Character Education Standards Alignment



## Kindergarten

Week	Standard & Lesson	Description
Week 1	<b>HE.K.R.1.1</b> Caring Reactions	This lesson introduces empathy and compassion to students through caring reactions and helpful words and actions.
Week 2	<b>HE.K.R.1.2</b> Frustration on the Playground	Students will learn what frustration means and identify situations in which a person feels frustrated.
Week 3	<b>HE.K.R.1.3</b> Game of Respect	In this lesson, students will learn about respect, including what it looks like and sounds like.
Week 4	<b>HE.K.R.1.4</b> I Can Be Honest	Students will understand the relationship between being honest and building trust with others.
Week 5	<b>HE.K.R.2.1</b> The Choice is Right	In this lesson, students will learn to apply their understanding of health and safety to various scenarios. Students will assess each scenario and determine whether the action was healthy vs. unhealthy or safe vs. unsafe. Students will build their knowledge of the importance of making safe and healthy choices.
Week 6	<b>HE.K.R.2.2</b> Consequences and Rules	Rules In this lesson students will learn to tell the difference between tattling and telling and identify trusted adults who can provide help when needed.
Week 7	<b>HE.K.R.2.3</b> What Are Goals?	In this lesson students will learn what goals are and identify examples of goals by differentiating between goals and things they want to do.
Week 8	<b>HE.K.R.2.4</b> Lee Learns About Feelings	In this lesson, students will learn that everybody has different feelings and that all feelings are okay to feel.
Week 9	<b>HE.K.R.2.5</b> What are My Strengths?	Students will be introduced to the common strengths of curiosity, bravery, kindness, leadership, hope, and self-control and will reflect on their own strengths, and how their strengths help them learn.
Week 10	<b>HE.K.R.4.1</b> We Need Boundaries!	Students will be introduced to the concept of boundaries. They will view situations in which a character's boundaries have been crossed, and he feels uncomfortable. They will learn how to protect their own boundaries by watching the character navigate these situations.
Week 11	<b>HE.K.R.4.2</b> Teamwork: Sharing Ideas	In this lesson, students will learn about what it means to cooperate.



<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 12</b>	<b>HE.K.R.4.3</b> A Problem in the Woods	A Problem in the Woods Students will be introduced to the terms problem and solution and how to determine the best solution to a problem.
<b>Week 13</b>	<b>HE.K.R.3.1</b> Helper Habitat	In this lesson, students will expand their understanding of what it means to be a helper by looking at examples of helpers in the community. Students will explore various scenarios in which a community member helps others. They will develop a deeper understanding of the importance of helping others as they observe the benefits helping others can have for themselves.
<b>Week 14</b>	<b>HE.K.R.3.2</b> Expected Behavior	This lesson teaches students about school behavior and how that may differ from the behaviors they engage in at home.

## Grade 1

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 1</b>	<b>HE.1.R.1.1</b> Your Personal Space Suit	In this lesson, students explore the concept of personal space and create a plan to communicate their needs to others.
<b>Week 2</b>	<b>HE.1.R.1.2</b> Friendship Soup	In this lesson, students will learn what it means to be a friend.
<b>Week 3</b>	<b>HE.1.R.1.3</b> Waiting Your Turn	This lesson teaches students about waiting their turn and why that's important.
<b>Week 4</b>	<b>HE.1.R.1.4</b> What Does It Mean To Be Honest?	In this lesson, students will explore the concept of honesty, which is explained as containing three parts: telling the truth (i.e., not lying), not hiding the truth, and not doing something that we know is wrong.
<b>Week 5</b>	<b>HE.1.R.1.5</b> Be Positive	In this lesson, students will learn about positive thinking and how positive thinking promotes a growth mindset.
<b>Week 6</b>	<b>HE.1.R.2.1</b> Being Organized	In this lesson students will learn about organizational skills, why they are important, and some strategies for getting organized.
<b>Week 7</b>	<b>HE.1.R.2.2</b> Big Goals & Small Goals	In this lesson students will learn the difference between short and long term goals and will set a short and long term goal they want to achieve.
<b>Week 8</b>	<b>HE.1.R.2.3</b> Rules Keep Us Safe	In this lesson students explore what rules are, both written and unwritten, and why they are important.

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 9</b>	<b>HE.1.R.2.4</b> Atticus Learns About Behavior	In this lesson, students will learn about how their behavior can impact others.
<b>Week 10</b>	<b>HE.1.R.2.5</b> What are My Interests and Hobbies?	In this lesson, students will learn what a hobby is, how to identify interests, and identify a hobby as based.
<b>Week 11</b>	<b>HE.1.R.2.6</b> Safe and Healthy Superheroes	In this lesson, students will explore the importance of making safe and healthy choices.
<b>Week 12</b>	<b>HE.1.R.4.1</b> There's No 'I' in Team	In this lesson, students will learn about teamwork and how it can be beneficial.
<b>Week 13</b>	<b>HE.1.R.4.2</b> Problem-Solving at the Party	In this lesson, students will use the SHIELD Strategy to solve problems. Students will apply their understanding of the SHIELD Strategy to various situations at a birthday party in order to identify effective solutions. Students will learn to utilize the SHIELD Strategy in their own lives when faced with problems.
<b>Week 14</b>	<b>HE.1.R.4.3</b> Knowing and Showing Empathy	In this lesson, students learn about empathy and how their actions can show empathy to others.
<b>Week 15</b>	<b>HE.1.R.3.1</b> What is an Upstander?	In this lesson students will learn what it means to be an upstander and identify situations where it would be helpful to be an upstander.
<b>Week 16</b>	<b>HE.1.R.3.2</b> Helping Others	In this lesson, students explore the topic of citizenship and helping others in the community.

## Grade 2

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 1</b>	<b>HE.2.R.1.1</b> Showing Kindness to Others	In this lesson, students will learn about ways they can show gratitude towards others.
<b>Week 2</b>	<b>HE.2.R.1.2</b> Accident Arcade	In this lesson, students will learn the difference between an incident that happens by accident and one that happens on purpose and how to use the SHIELD strategy to respond when an accident happens.
<b>Week 3</b>	<b>HE.2.R.1.3</b> Stepping Up to Do the Right Thing	In this lesson, students learn to define honesty and integrity and discuss common examples illustrating how they can demonstrate honesty and integrity daily.
<b>Week 4</b>	<b>HE.2.R.2.1</b> Patriotism	In this lesson, students will explore the topic of patriotism.
<b>Week 5</b>	<b>HE.2.R.2.2</b> Setting Goals	In this lesson students will describe how to set goals and identify strategies they can use to help them reach their goals.

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 6</b>	<b>HE.2.R.2.3</b> Active Listening	This lesson teaches students about active listening and describes what active listening looks like.
<b>Week 7</b>	<b>HE.2.R.2.4</b> Strengths & Interests	In this lesson, students will explore their personal strengths and interests.
<b>Week 8</b>	<b>HE.2.R.4.1</b> Negative and Positive Consequences	In this lesson students will describe potential consequences to an action and use their knowledge of potential consequences when making decisions.
<b>Week 9</b>	<b>HE.2.R.4.2</b> Investigating Sharing	In this lesson, students will explore the idea that sharing is caring, and deepen their understanding of the practice of sharing by applying who, what, when, where, why, and how questions.
<b>Week 10</b>	<b>HE.2.R.3.1</b> Be a Helping Hero	In this lesson, students explore what it means to be a helper at home, at school, and in the community.
<b>Week 11</b>	<b>HE.2.R.3.2</b> I Can Do This!	In this lesson, students will learn about what it means to be optimistic.

## Grade 3

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 1</b>	<b>HE.3.R.1.1</b> Qualities of Good Teams	In this lesson, students will learn how fairness, respect, and compromise contribute to effective teams.
<b>Week 2</b>	<b>HE.3.R.1.2</b> Integrity	In this lesson students will learn what it means to be honest and show integrity and practice applying these values in real life scenarios.
<b>Week 3</b>	<b>HE.3.R.1.3</b> More Friends, More Fun!	In this lesson, students will learn about what it means to be included and excluded.
<b>Week 4</b>	<b>HE.3.R.2.1</b> Priorities and Prioritizing	In this lesson, students will learn how to decide what's most important and ways to put those things first.
<b>Week 5</b>	<b>HE.3.R.2.2</b> Resolving Challenges in Teamwork	In this lesson, students learn about the skills that can help a team work well together and a strategy that can be used when a conflict arises on a team.
<b>Week 6</b>	<b>HE.3.R.2.3</b> Character Strengths and Confidence	In this lesson students will learn about the importance of being treated with respect and advocating for themselves.
<b>Week 7</b>	<b>HE.3.R.2.4</b> Executive Functioning	In this lesson students will explore the executive functioning skill of self-monitoring.
<b>Week 8</b>	<b>HE.3.R.4.1</b> Values in Friendship	This lesson teaches students that everyone has different values, including friends, and that's okay.
<b>Week 9</b>	<b>HE.3.R.4.2</b> Problem-Solving party	In this lesson, students learn the STEP method of problem solving and apply solutions to age-appropriate problems.

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 10</b>	<b>HE.3.R.3.1</b> Being a Good Neighbor	Students learn about what it means to be a citizen and participate in a community.
<b>Week 11</b>	<b>HE.3.R.3.2</b> Stand Up to Bullying	In this lesson, students will be able to learn ways to stand up to bullies.

## Grade 4

<b>Week</b>	<b>Standard &amp; Lesson</b>	<b>Description</b>
<b>Week 1</b>	<b>HE.4.R.1.1</b> Perspective	In this lesson students will identify factors that contribute to a person's perspective and describe the importance of trying to understand other people's perspectives.
<b>Week 2</b>	<b>HE.4.R.1.2</b> I Deserve Respect	In this lesson students will learn about the importance of being treated with respect and advocating for themselves.
<b>Week 3</b>	<b>HE.4.R.1.3</b> Think It or Speak It?	In this lesson, students explore the topic of a social filter through the question 'Think it or say it?'
<b>Week 4</b>	<b>HE.4.R.1.4</b> Overcoming Procrastination	In this lesson students will learn the difference between being proactive and procrastinating and practice skills to get started.
<b>Week 5</b>	<b>HE.4.R.2.1</b> Actions Lead to Consequences	In this lesson students will describe what consequences are and demonstrate the ability to consider consequences when making decisions.
<b>Week 6</b>	<b>HE.4.R.2.2</b> Personal Space in Outer Space	Students will learn that we all have different personal space needs which help us identify what we are and are not comfortable with.
<b>Week 7</b>	<b>HE.4.R.2.3</b> Steps for reaching Our Goals	In this lesson students will deepen their understanding of goal setting by identifying an academic SMART goal and planning steps to reach that goal.
<b>Week 8</b>	<b>HE.4.R.4.1</b> Oh No! Roadblock	Students will learn about facing challenges with a positive attitude and growth mindset in order to make a plan to successfully overcome obstacles.
<b>Week 9</b>	<b>HE.4.R.4.2</b> Conflict Resolution Strategies	In this lesson, students will learn how to resolve conflicts within a group setting by using a conflict resolution strategy.
<b>Week 10</b>	<b>HE.4.R.3.1</b> Community Helper	Students learn about what it means to be a citizen and participate in a community.
<b>Week 11</b>	<b>HE.4.R.3.2</b> Exclusion & Bullying	In this lesson, students will learn about how they can create an inclusive community and what to do if they experience or see bullying.

# Grade 5

Week	Standard & Lesson	Description
Week 1	<b>HE.5.R.1.1</b> Positive Influencer	In this lesson, students explore the topic of bullying, and the effect of positive influence.
Week 2	<b>HE.5.R.1.2</b> Keys to Conflict Resolution	In this lesson, students will explain compromise and the skills needed to compromise successfully. They will also identify ways to compromise in specific situations.
Week 3	<b>HE.5.R.1.3</b> Be Bold, Be Kind	In this lesson, students will learn about compassion and empathy, and how they can show kindness to others.
Week 4	<b>HE.5.R.1.4</b> Integrity	In this lesson students will learn what it means to be honest and show integrity and practice applying these values in real life scenarios.
Week 5	<b>HE.5.R.2.1</b> Be an Upstander Superhero	In this lesson, students will explore the practice of standing up for others.
Week 6	<b>HE.5.R.2.2</b> Coping Skills	In this key concept lesson, students learn about being proactive for their emotional health by identifying coping strategies and practicing key emotional regulation habits. Students are introduced to a river of emotions that can include positive and negative emotional experiences. The river can get stormy with strong emotions or stress along the way. Students learn they don't have to handle rough waters alone.
Week 7	<b>HE.5.R.2.3</b> Strengthen Your Self-Discipline	In this lesson, students explore the topic of self-discipline.
Week 8	<b>HE.5.R.2.4</b> Getting SMART with Our Goals	This lesson deepens students' understanding of SMART goals and how to identify resources to support them with achieving their goals.
Week 9	<b>HE.5.R.2.5</b> Identify Your Strengths & Limitations	In this lesson, students explore the topic of self-efficacy.
Week 10	<b>HE.5.R.2.6</b> Do the Right Thing	In this lesson students will learn the difference between intended and unintended consequences and how they can help a person to do the right thing even when it's difficult.
Week 11	<b>HE.5.R.4.1</b> Prioritizing & Procrastinating	Students learn about how to prioritize in order to avoid procrastination.
Week 12	<b>HE.5.R.4.2</b> Overcoming Obstacles	In this lesson students will learn about overcoming obstacles with perseverance and a growth mindset.
Week 13	<b>HE.5.R.4.3</b> Creative Problem-Solving	In this lesson, students explore the value of open-mindedness, curiosity, and creativity for solving problems.
Week 14	<b>HE.5.R.3.1</b> Collaborating with Others	In this lesson, students will learn why communication and compromise are important when working in collaboration with others.
Week 15	<b>HE.5.R.3.2</b> Being Part of the Community	Students learn about what it means to be a citizen and participate in a community.