# Transforming Student Behavior in Schools with Suite360 & PBIS Rewards



A Comprehensive Guide to Improving Student Outcomes, Creating a Positive School Climate and Enhancing Mental Health and Wellbeing on Campus





Building safer tomorrows.™

### **Students Need to Feel Safe** & Supported to Reach Their Full Academic Potential



Navigate360's K-12 school safety & student wellness solutions provide you with complementary, integrated and relevant tools necessary to save and enhance lives. From culture to compliance, you can detect, manage and prevent threats to your school's safety while fostering the mental health and character development of students and staff alike.



As the only provider of holistic school safety and wellness solutions, our revolutionary model spans the full spectrum of school safety, including school culture & climate, threat assessment & prevention and safety management & preparedness – all backed by research and developed by industry experts.

Point solutions are no longer an option. We are delivering on our better-together commitment by providing solutions that work seamlessly together. These solutions will allow you to create a culture of safety on your campus so every child can experience the school day without fear. This is the new standard for modern school safety, wellness, and success and the only path toward zero incidents of violence on school campuses.

Let's work better – together.

### It's Time to Make Holistic Student Wellness the Top Priority

Students — and educators — are dealing with a lot these days. Living through a global pandemic has led to learning loss and isolation and many are grappling with societal and economic uncertainties. Members of your school community who lack the social-emotional skills necessary to navigate these stressors can fall further behind as well as express signs of depression and anxiety. We need to focus on getting both staff and students back on a path to wellness by specifically addressing their social-emotional needs and creating a positive school climate where students feel safe and supported.

"Maslow before Bloom" has become a popular phrase in academic circles. It's the idea that educators must meet the basic needs of students in order to develop an effective educational learning environment. Maslow's Hierarchy of Needs is a fivetier model of the basic human needs —once each basic need is met, individuals can move on to higherlevel thinking and meeting more advanced needs. Bloom's taxonomy focuses primarily on learning. The "Maslow before Bloom" concept describes how students must first have their basic health and safety needs met to learn effectively. If a student is hungry, worried about bullying in the classroom or dealing with trauma, then their mind is not biologically ready to handle advanced, higher-order learning.

A supportive, positive school environment helps students develop strategies to succeed academically, emotionally and socially and is the only path to long-term student success.

Social-emotional learning (SEL) and positive behavior intervention supports (PBIS) are two crucial components for any school looking to foster this kind of school culture and climate. Equipping students with a robust and relevant SEL curriculum gives them tools to better understand themselves and how they respond to stressful situations, helping them develop strategies to handle external and internal challenges. Reinforcing the positive behaviors that result from these lessons encourages students to continue doing the work to grow. This creates a culture in which students are rewarded for meeting behavioral expectations instead of relying on punitive consequences when they fall short.

#### The Current State of Student Mental Health & Wellness

<u>16% of youth</u> report suffering from at least one major depressive episode in the past year.

<u>44% of students</u> report they persistently felt sad or hopeless during the past year.

<u>55% of students</u> report they experienced emotional abuse by a parent or other adult in the home.

<u>60% of youth</u> with major depression do not receive mental health treatment.

#### **Diving Deeper**

<u>Click here</u> or scan the QR Code to learn more about improving academic performance, classroom behavior and teacher retention by creating a path to wellness.



### Create a Positive School Climate with Suite360 & PBIS Rewards

Implementing Navigate360's <u>Suite360 SEL</u> <u>curriculum</u> and <u>PBIS Rewards</u> on your school campus can equip your students, teachers and staff to support improved mental health, socialemotional growth and a culture of positive behavior campuswide.



# Suite360: Social-Emotional Learning for Students, Staff & Families

A comprehensive and robust solution for positive mental health, social and emotional wellness and behavior for schools of all sizes.

- Improve academic performance and classroom behavior
- Help students manage emotions and make better decisions
- Encourage students to have positive attitudes about themselves and the people around them

#### PBIS Rewards: Digital, Schoolwide PBIS Management Solution

PBIS Rewards helps schools create a positive climate in which every student can learn and grow academically, socially and emotionally.

- Simplify the PBIS framework implementation for your school
- Eliminate the need for paper tickets with a fully functional digital token economy
- Quickly and easily recognize students for positive behavior
- Promote a common language among staff and students, keeping everyone on the same page

Suite360 Aligns to Core CASEL Competencies:

Self-Awareness



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Responsible Decision-Making





### Support Student Wellness with Suite360, a Comprehensive SEL Curriculum

While helping kids become well-rounded individuals who understand their social and emotional needs is a worthwhile goal, so is teaching a traditional academic curriculum to impart essential knowledge. Together, these two goals help to ensure students become productive members of society.

It's natural for educators to be concerned that implementing a social-emotional curriculum will be "just one more thing" on their already overcrowded plate. The good news is that high-quality SEL instruction can be integrated into existing programs and that SEL actually helps students become more engaged and excited about learning. Take a look at some of the ways well-executed SEL programs have a positive academic impact:

- Improved student engagement
- Better content absorption
- Increased knowledge retention on a long-term basis
- Improved social behavior and fewer conduct problems
- Enhanced academic performance

In turn, these positive outcomes in the classroom allow students to thrive and cultivate a curious, growth mindset that will serve them well in the future. A social-emotional foundation can influence students' college and career readiness, ensuring they develop the self-management skills, social skills and self-confidence that are required in post-secondary life. These students also go on to become more engaged citizens who have better mental health, more positive relationships and increased career success. Students that participate in SEL interventions increased their academic performance by 11 percentile points compared to those who don't participate.

#### **Diving Deeper**

<u>Click here</u> or scan the QR Code to learn more about the continuous benefits of SEL for your students & school culture.



### **Reinforce Student Social-Emotional Growth with PBIS Rewards**

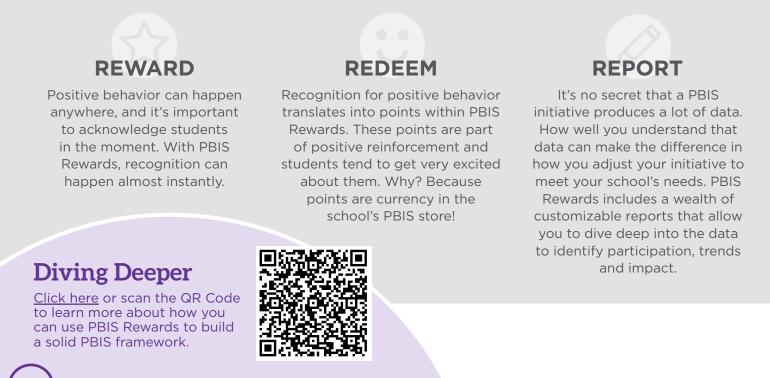
On the surface, supporting your focus on SEL with a PBIS initiative appears to be simple: establish a matrix of positive expectations, recognize students when they exhibit positive behaviors and, in turn, reinforce their social-emotional growth. From there, students can use the points they've earned to shop the school's PBIS store. The recognition and reinforcement of positive behaviors improves school climate.

Go beyond the surface, however, and you'll find that a PBIS initiative can be complex and challenging. Tiered systems of support, accurate point tracking, and consistent implementation are just a few of the factors that can affect an initiative's success. Many schools opt to manage PBIS manually, and as a result don't get a clear picture of its effectiveness. Are student point totals accurate? Is the PBIS store adequately stocked? Have discipline referrals decreased? Are staff members all-in on the program?

Managing your PBIS initiative digitally can help you answer these questions and more.

#### **How PBIS Rewards Works**

As a digital management platform, PBIS Rewards takes each element of a PBIS initiative and makes it easy to access. There's no need to invest in special equipment – staff members can use the software on a smartphone, tablet or computer. Any staff member can recognize any student, anywhere on campus, any time. Paper tickets or other physical tokens aren't necessary. Points are recorded and tracked automatically, eliminating manual accounting. In fact, managing your initiative with PBIS Rewards is as simple as Reward, Redeem and Report.



#### Transforming Student Behavior in Schools

# The Impact of Equipping Your School with Suite360 and PBIS Rewards

When used together, SEL and PBIS are a powerful combination for promoting positive behavior and academic success. By teaching students the skills they need to manage their emotions and build positive relationships while also incentivizing good behavior through recognition, schools can create a supportive and engaging learning environment for all students.

Implementing Suite360 and PBIS Rewards on your campus can have numerous benefits, including:



**Improved academic performance:** By fostering the development of social-emotional skills and recognizing positive behavior, the integration of Suite360and PBIS Rewards in schools can lead to enhanced academic performance and greater engagement among students in the classroom.



**Reduced disciplinary issues:** By teaching students self-discipline and providing positive reinforcement for desired behaviors, schools can reduce the number of disciplinary issues and office referrals, creating a safer and more supportive learning environment.



**Increased mental health and well-being:** Suite360 and PBIS Rewards can help students manage negative emotions and develop coping strategies that they can use throughout their lives, resulting in improved mental health and a greater sense of well-being.



**Enhanced school climate:** When students feel supported and valued, they are more likely to be engaged in their learning and contribute positively to the school community, fostering a more positive school climate for everyone.



**Reduced bullying and negative behavior:** The teaching of empathy, social awareness and positive relationship skills in schools can help mitigate negative behavior and bullying, leading to a safer learning environment for all students.

### Lightening the Load for Teachers and Empowering Students

Social-emotional learning and PBIS are critical components of a school's school safety & student wellness supports. While the focus is often on how these tools benefit students, they also offer a great deal of support for teachers.

By incorporating SEL and PBIS into their classrooms, educators are better equipped to create a safe, supportive and inclusive learning environment. This, in turn, helps to reduce the amount of stress and pressure that teachers face in their day-to-day work. By teaching students important social-emotional skills, such as self-awareness, self-regulation, empathy and responsible decision-making, teachers are able to spend more time focused on academic instruction, rather than on managing behavior.



Additionally, by implementing PBIS strategies, such as clear expectations, positive reinforcement and consistent consequences, teachers can maintain a positive and orderly classroom environment, which helps to promote student success. Ultimately, by prioritizing SEL and PBIS, schools can create a culture of support and empowerment for both teachers and students, leading to better outcomes for everyone involved.

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In a time where teachers and school staff are carrying a heavy task to address learning loss, they are also tasked with simultaneously managing disruptive and concerning behavior that has accelerated post-pandemic. According to EAB, nearly 60% of teachers reported that pressure to boost learning loss and academic outcomes left them with insufficient time to address increased behavioral issues within their classrooms. If we continue to let these issues go unresolved, we will continue to prevent our schools and teachers from getting to the business of learning. We must do better – for our educators and for our students.

#### - JP GUILBAULT

Chief Executive Officer at Navigate360

### **Preparing to Keep Students & Staff Safe**



We believe every child should be able to experience each school day without fear. That's why we developed—and continue to refine and expand—a suite of offerings created specifically to keep children safe and well, both physically and emotionally. It's a highly integrated approach: our programs and solutions work in close concert with each other to flag concerning at-risk behavior, so when seconds matter, steps to prevent violent incidents can be implemented. From training campus personnel to mitigating online bullying, everything we do is focused on saving and improving lives.

# Zero incidents is what we strive for—doing anything less is simply not an option.

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That's the best thing about Navigate360—they're always innovating. And with their software, I can make sure the Tipton County School District is constantly doing everything in our power to uphold our mission of providing safety as the foundation to a successful learning environment.

> - GLENN TURNER Tipton County School District

## Why Navigate360?

Navigate360 is the premier provider of safety and wellness solutions for schools, leading to enhanced student wellbeing. With more than 20 years' experience, our multifaceted, layered approach—providing everything from curricula that support positive behavior and self-image to campus physical safety and personnel training—focuses on incident prevention. Currently, more than 14 million students are attending schools using Navigate360 solutions.

Learn more online at Navigate360.com Schedule a Consultation at Navigate360.com/spt

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