A Guide to Active Shooter Preparedness & Response For K-12 Schools from Navigate360

The ALICE Advantage: Empowering Safety and Survival Through Knowledge and Confidence
As leaders tasked with ensuring safety within our schools and communities, we must confront the sobering reality that active shooter and mass casualty events are among the most devastating and complex scenarios to prepare for. These events, characterized by their sheer scope and intensity, are not only growing in frequency but also in severity, posing an increasingly significant concern for organizations of all sizes and industries. Despite this escalating threat, many still perceive such events as unpredictable and beyond their capacity to address effectively. However, inaction is not an option. **We must acknowledge the evolving nature of these threats and take proactive steps to enhance our preparedness and response capabilities.** Only by confronting these challenges head-on can we ensure the safety of our staff, students, temporary personnel, and building visitors.

Violence can happen anywhere and at any time. **69% of active shooter incidents last only five minutes or less, often ending before law enforcement arrives.** Staff, students, and temporary personnel need to know how to respond to violent incidents to enhance their chances of survival, bridging the gap until help arrives.
Why Navigate360 ALICE Preparation & Response Training for Schools

When it comes to active shooter preparation and response training, for 20+ years Navigate360 and its team of law enforcement, education, and child development experts, alongside a team of ALICE National Trainers, has spearheaded the effort to certify schools and train millions of individuals nationwide in ALICE strategies.

According to Mike Lubelfeld, Superintendent of North Shore School District 112, “The online and in-person modality choices, trauma-informed delivery, and options-based strategies build participant confidence and teach effective preparedness and response skills used to survive in a violent incident, regardless of location or circumstance.” Lubelfeld emphasizes that “when it comes to active shooter preparedness and response training, there is simply no substitute for ALICE.”
Ensure Compliance & Readiness with ALICE: The Power of Options-based Response Training

Undoubtedly, both traditional lockdowns and multi-option responses have the goal of protecting staff, students, and your temporary personnel but post-incident reviews, industry associations, and research studies are recommending option-based response protocols.

Navigate360 ALICE Training® is age- and ability-appropriate, meets DOE guidelines, and complies with the standard of care prescribed by leading federal preparedness and response organizations.

Research indicates that relying solely on school lockdown procedures falls short. Federal and state agencies now recognize the limitations of the lockdown-only approach, acknowledging its potential to inadvertently endanger staff and students.

The most recent update to the NFPA’s (National Fire Protection Association) 3000 Standard for an Active Shooter/Hostile Event Response (ASHER) Program recommends “multi-option procedures for occupant protection or defense,” removing previous recommendations for a single-option response like lockdown.

Law enforcement across the country uses ALICE Training®. Our options-based approach aligns with the recommendations of many state agencies, as well as the following federal agencies:

- Department of Homeland Security
- Department of Justice
- Federal Emergency Management Agency
- Department of Health & Human Services
- Federal Bureau of Investigations
- Department of Education
Understanding ALICE

Maintaining a level of relaxed alertness is crucial for staying safe in any environment, including school. Navigate360’s ALICE program introduces participants to a simple framework to help individuals understand and manage their awareness levels. Understanding levels of awareness is important because it teaches participants about psychological state, behavioral response, and how to maintain situational awareness.

And because every threat is unique, training in multiple response options is integral for ensuring survival. ALICE’s multi-option response training stands ready to adapt to any scenario, underscoring the importance of proactive responses over passive reactions.

ALICE stands for Alert, Lockdown, Inform, Counter, and Evacuate. It is like having a plan of action for staying safe during an emergency, especially if there is an active threat at school.

**Alert:** Become aware of a threat. A speedy response is critical to survival; quickly recognizing and accepting signs of danger allows one to make the best survival decision for the situation.

**Lockdown:** When evacuation is not an option, barricade entry points into the room and prepare for the next response strategy.

**Inform:** Communicate real-time information about the armed assailant. Identifying the exact location of the threat using a PA system, 911 call, or another channel can give others an opportunity to escape.

**Counter:** Create a dynamic environment to foil the shooter’s ability to harm. Counter is a strategy that includes creating noise, movement, distance, and distraction to lessen the chance of the shooter hitting a target.

**Evacuate:** When safe to do so, retreat to an area that is out of harm’s way. ALICE Training® includes many useful techniques for safe and strategic evacuations.
School Focused Curriculum & Modality Choices to Enhance Learning, Ensure Compliance, & Save Time

Help staff and students learn and understand the latest preparation and response strategies to respond calmly to high-stress incidents and resolve the complex psychological and physiological response they will experience in an emergency.

ALICE Training® seamlessly integrates eLearning with trauma-informed, hands-on training to meet the needs of individuals of every age and ability within the school system. Our blended approach distinguishes ALICE’s preparation and response training from other programs, enhancing program comprehension and facilitating smoother recall during emergencies.

Start Online

- Award winning staff- and student-centered Navigate360 online courses make it easy to deliver relevant preparation and response training.
- Our K-12 programs are customized to staff roles and are contextualized to account for children’s age, cognitive, behavioral, and developmental ability levels.
- Intuitive features and expert guidance help streamline training management and compliance reporting.

In-Person Training

Experience the unparalleled benefits of in-person training with Navigate360. Our ALICE national trainers will personally visit your district, providing instruction, hands-on guidance, and reinforcement of key concepts tailored to your specific environment. By working directly with your staff, we ensure a deep understanding of how to apply ALICE preparation and response strategies effectively, all while employing a trauma-informed approach. This personalized interaction guarantees not only effective learning but also seamless implementation, empowering your team with the skills and confidence needed to navigate any threat situation.

Instructor Certification

Unlock the power of certification with the Navigate360 ALICE Training® immersive Certified Instructor 2-day class. School staff or the school resource officer can participate in this comprehensive training, equipping them with the knowledge and skills to enable and empower individuals within your school community. By completing the certification program, internal ALICE Certified Instructors become subject matter experts, capable of delivering the program’s hands-on portion with precision and consistency. This ensures that your school receives tailored instruction that aligns perfectly with your unique environment, enhancing preparedness and response capabilities across the board.

9 out of 10 students reported feeling prepared and confident after participating in ALICE safety drills conducted by their school.
Be Ready to Act

ALICE preparation and response training empowers every stakeholder within your school district to make the right decisions in active shooter situations. Skills learned through ALICE Training® are for more than just school campuses—they are skills for everyday life.

Watch this video to see how ALICE Empowers Individuals with Options

Set a course for zero incidents.

Take a layered, holistic approach to school safety with Navigate360 technology, training, and guidance to move you closer to your goal.

Contact us today.

Navigate360
Building safer tomorrows.*

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